

## PARTICIPANT REGULATIONS

1. One try will be allowed in the bar chin; two tries in the long jump. (Boys and Girls)  
There will be a minimum mark in long jump.
2. All spikes and/or cleats are prohibited.
3. There will be no foreign substance on the chinning bar or hands, i.e. tape, firm grip, rosin.
4. Each participant in the bar chin must come to a complete stop with arms at full extension at the bottom of his attempt. The judge will place his arm across the lower portion of the participant may get to the top in any manner possible with swinging, kicking, or whatever is necessary. A participant may change his grip, but may not rest with either hand off the chinning bar. He must come to a stop at the bottom of his attempt, but both hands must remain on the bar. This will be a judgment ruling on the part of the judge.
5. Each school shall furnish its own regulation baton for the relay race. The baton cannot be more than 12" in length.
6. The starting command will be composed of two basic commands. The runners will be located behind a restraining line until time for them to race. The commands will be given by the starter and they will be as follows:
  - A. Runners come to the line. (This is the participants moving from the restraining line to the starting line.)
  - B. Get set.
  - C. Fire the gun.
7. In the flexed arm hang the student should grasp the bar using the reverse hand grip (palms facing the body). With the aid of spotters, raise the body from the ground until the chin is above the bar and the elbows are flexed. The student should hold this position to exhaustion. Time starts as soon as the chin is even or above the bar. Time stops as soon as the chin touches or drops below the bar.

Remember, this is an opportunity for kids to get out, be active, and have fun. Try to include as many students as you can. **No scores are kept, so have fun!**

The location of participants in the parade is determined by the seating arrangement on the **WEST SIDE** of the stadium: (attached)

Bonham	San Jacinto	Trinity Lutheran	SA Home School	Ft. Concho	Potter's Hand
Santa Rita	Wall	Veribest	McGill	Glenmore	Angelo Catholic
Grape Creek	Austin	TLC Academy	Water Valley	Belaire	Goliad
Holiman	Reagan	Cornerstone	Fannin	Crockett	Lamar
Bowie	Miles	Christian Academy	Bradford	Christoval	Alta Loma

Individual awards will be presented after each event is completed. The principal and teaching staff will be responsible for keeping all students (NON-PARTICIPANTS) in the stands until the conclusion of the meet.

Grouping as to Division I and II will be determined by enrollment of the 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> grades.

**Division I schools for the 2023 meet are:**

Bonham	Grape Creek	Veribest	Water Valley	Miles
Bowie	Ft. Concho	Lamar	TLC Academy	Christoval
Goliad	Trinity Lutheran	Wall	Glenmore	

**Division II schools for the 2023 meet are:**

Fannin	Bradford	McGill	SA Christian Academy
Alta Loma	Reagan	Potter's Hand	Cornerstone
Crockett	SA Home Sch	Santa Rita	Angelo Catholic
Austin	San Jacinto	Belaire	Holiman

Each school will be required to fill out the enclosed eligibility forms for each participant in Class A, B, and C for both boys and girls. This list must be signed and verified by both the coach and principal of each participating school and the Athletic Department, 1621 University Avenue, San Angelo, prior to the meet.

The Principal and Physical Education teachers are responsible for the eligibility forms. In the case of rules violation, a committee composed of coaches, principals, and Kiwanis members will be responsible for making the decision as to the nature of the violation and the avenue to follow in correcting the violation.

All participants will sit on the WEST side of the stadium. The lower west side (with the exception of section D) is reserved for participants. Seating for parents is available in lower D & E along with all seating above the walkway. The entire east side is also available for spectators.

**No videotaping will be reviewed to determine a place in a race.**